

A BIRD UNDER MY HEART

EN | DA

Elisabeth Rygård, Denmark, 1981

32 min. | DK/Documentary



The film forms a contrast to the number of canting pictures or the silence existing round the period of the first six months after a child has been born. It takes up some of the problems that three different women encounter during this period. The film offers no solutions, but asks some questions. How is it possible to think that this is only a private problem?

Basic information

Credits

Festivals & awards

Materials

Original title	En fugl under mit hjerte
Danish title	En fugl under mit hjerte
Other titles	A bird under my heart
Director	Elisabeth Rygård
Screenplay	Elisabeth Rygård
Director of Photography	Katia Forbert Petersen
Editor	Merete Brusendorff , Grete Møldrup
Sound	Åse Steensen
Production country	Denmark
Production companies	Workshoppen
Domestic distribution	Statens Filmcentral
Technical info	16 mm
Danish rating	Allowed for all

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