

# THE SPIRIT OF SAILING

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Jørgen Ekberg, Denmark, 1969

13 min. | DK/Documentary | Portrait films



Sports is not necessarily competition, nor show or exercising. The great talent may first and foremost be seen as an artist among other artists, having a genius for expressing himself through his athletic abilities. This film shows Paul Elvstrøm sailing in three different types of boats while telling about his experiences on the sea.

## Basic information

## Credits

## Festivals & awards

## Materials

<b>Original title</b>	Sejlads
<b>Danish title</b>	Sejlads
<b>Other titles</b>	The Spirit of Sailing
<b>Keywords</b>	Elvstrøm, Paul, Boating, Sail boats, Sport, 1960-1969
<b>Director</b>	<a href="#">Jørgen Ekberg</a>
<b>Screenplay</b>	<a href="#">Jørgen Ekberg</a>
<b>Director of Photography</b>	<a href="#">Jeppe Jeppesen</a> , <a href="#">Rolf Rønne</a>
<b>Editor</b>	<a href="#">Jørgen Ekberg</a>
<b>Sound</b>	<a href="#">Axel Pless</a>
<b>Production country</b>	Denmark
<b>Production companies</b>	<a href="#">Ib Dam Film</a>
<b>Domestic distribution</b>	<a href="#">Statens Filmcentral</a>
<b>Technical info</b>	color, Sound
<b>Danish rating</b>	Allowed for all

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