



Film

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THE IMPOSSIBLE HOUR

Jørgen Leth, Denmark, 1975



45 min. | DK/Documentary



A concentrated study of Ole Ritter's attempt to recapture the most compelling and most difficult record set in professional cycling: a one-hour, one-man race on a track. The attempts to break the record took place in Mexico City in November 1974. The film includes a description of Ritter's special training on a sophisticated purpose-built track bike and the psychological conditioning required for achieving a concentrated performance at this level. "The Impossible Hour" is a study of a loner's defiant - and unsuccessful - attempt to make sporting history.

Basic information

Credits

Original title	Den umulige time
Danish title	Den umulige time
Keywords	Ritter, Ole , Cycling , Records , 1970-1979
Director	Jørgen Leth
Screenplay	Jørgen Leth
Director of Photography	J.M. Berasaluce
Editor	Anders Refn
Sound	Ezcar Traven
Appearance	Ole Ritter
Production country	Denmark
Domestic distribution	Statens Filmcentral
Technical info	498 meter, 16 mm, color, Sound
TV release	07.11.1975
Danish rating	Allowed for all

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