



Film

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AFGHAN MUSCLES

Andreas Dalsgaard, Denmark, 2006



59 min. | DK/Documentary





The young men of Afghanistan have discovered the art of bodybuilding. In a country ravished by war, these men still hold on to their dreams; dreams of muscle, honour and fame - absolute control of the body in a world of chaos. »Afghan Muscles« is a story about dreams. The dreams we all share, dreams that are never the same. From the rubbles of Kabul to the skyline of Dubai we follow Hamid on a great journey, that will take him across mountains and through a struggle to honour both his own dreams and his father's aspirations.

Basic information

Credits

Materials

Original title	Afghan muscles
Danish title	Afghan muscles
Keywords	Afghanistan , Body building , Honor
Director	Andreas Dalsgaard
Screenplay	Andreas Dalsgaard , Oliver Winding , Anna Bro
Producer	Jesper Morthorst , Andreas Dalsgaard
Director of Photography	Frederik Jacobi , Christian Vium Bønløkke Andersen , Andreas Dalsgaard
Editor	My Thordal , Andreas Dalsgaard , Mahi Rahgozar , Olivier Bugge Coutté
Sound	Jens Bønding , Christian Vium Bønløkke Andersen
Composer	Fridolin Nordsø
Appearance	Noorrulhoda Shirbad , Hamid Shirzai
Production country	Denmark
Domestic distribution	TV2 World Sales
International sales	TV 2 World
Technical info	color
Danish theatrical release	07.09.2007
Cinemas	Vester Vov Vov, Café Biografen (Odense), Øst for Paradis (Århus)
DFI subsidy	Konsulentstøtte
Danish rating	Allowed for all

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