

Heidi Maria Faisst, Denmark, 2009

75 min. | DK/Feature



Katrine has just given birth to a beautiful little girl. But motherhood isn't as blissful as Katrine imagined it to be. She can't really connect emotionally with her baby, her body hurts and she feels weird. When her boyfriend Andreas has to go away for work, the new role as stay-at-home-mom makes her feel uneasy and isolated. Katrine therefore sees her new situation as an opportunity to reconnect with her own mother, whom she hasn't seen for years. Her mother comes to see Katrine and the baby. The two women try to reach out and be good mothers, and meanwhile Katrine desperately searches for her own place in a world that seems slowly to be coming apart.

Basic information

Credits

Festivals & awards

Materials

Original title	Velsignelsen
Danish title	Velsignelsen
Other titles	The blessing
Director	Heidi Maria Faisst
Screenplay	Heidi Maria Faisst
Producer	Meta Louise Foldager Sørensen , Nanna Mailand-Mercado
Director of Photography	Manuel Alberto Claro
Editor	Cathrine Ambus
Sound	Morten Groth Brandt , Morten Wille
Composer	Flemming Nordkrog
Production designer	Charlotte Bech
Casting	Djamila Hansen
Appearances	Lærke Winther Andersen , Solbjørg Højfeldt , Mads Riisom , Madeline Bratt Solis
Production country	Denmark
Production companies	Zentropa
Domestic distribution	Nordisk Film Biografdistribution
International sales	TrustNordisk / Filmbyen 22 / 2650 Hvidovre / t +45 3686 8788 / f +45 3677 4448 / info@trustnordisk.com / www.trustnordisk.com
Festival information	Danish Film Institute
Technical info	2,35:1 Scope, Dolby, SRD
Danish theatrical release	24.04.2009
Cinemas	Dagmar, Metropol (Århus) samt 13 enkeltvisninger i provinsen i løbet af april og maj
Danish rating	Allowed for children over the age of 15

Your experience at dfi.dk will be enhanced if you allow cookies - [Read more](#)

ACCEPT