

BAD BOY BREATHING

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Jeppé Hansen, Denmark, 2014

29 min. | DK/Documentary



Meditation and yoga are often associated with hippies and Buddhist monks. In "Bad Boy Breathing" we follow Nicolai, a 23-year-old drug addict and former gang member working with these exact techniques to leave that life behind him and start fresh.

Basic information

Credits

Festivals & awards

Original title	Bad Boy Breathing
Danish title	Bad Boy Breathing
Keywords	Engelbrecht Sørensen, Nicolai, Young criminals, Rehabilitation, Mental exercise, Meditation, Personal development, Yoga
Director	Jeppé Hansen
Producer	Søren Green
Director of Photography	Mette Sixhøj
Appearances	Nicolai Engelbrecht Sørensen , Jakob Lund
Production country	Denmark
Production companies	1201 ApS.
Domestic distribution	Det Danske Filminstitut
Technical info	16:9, Dolby 5.1
Online release	23.09.2015
Danish rating	Not recommended for children under 7

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