

HEART AND SOUL

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Tómas Gislason, Denmark, 1994

92 min. | DK/Documentary | Portrait films



»I have my children in Denmark, and I live in Haiti.« In this way Jørgen Leth, poet, journalist, expert commentator of bicycle races and above all film director, starts his film - or rather the film about himself. For once Jørgen Leth is not behind the camera, but in front of it as the main character. The poetic, reflective observer is being observed himself, while he tells about his life, his art, his motive power and his demons. Excerpts from several of his films are shown, and the portrait of him illustrates both a very simple and deeply complicated artist and a seeking human being, who is both calm and restless.

Basic information

Credits

Festivals & awards

Materials

Original title	Fra hjertet til hånden
Danish title	Fra hjertet til hånden
Other titles	Jørgen Leth - et dokument, Heart and Soul
Keywords	Authors, 1990-1999, Denmark, Leth, Jørgen, Haiti, Cycling
Director	Tómas Gislason
Screenplay	Tómas Gislason
Director of Photography	Peter Bech
Editor	Jacob Thuesen
Sound	Hans Møller
Composer	Kasper Winding
Appearances	Jørgen Leth
Production country	Denmark
Production companies	NonStopFilmproductions
Domestic distribution	Statens Filmcentral
Technical info	color, Sound
Danish theatrical release	13.05.1994
Cinemas	Park
TV release	12.04.1995, TV 2
Danish rating	Not recommended for children under 7

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